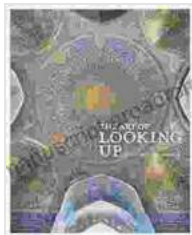


# The Art of Looking Up: Rediscovering the Forgotten Beauty of the Night Sky

**We've forgotten how to look up.**

In a world of constant distractions, it's easy to forget the simple pleasure of looking up at the night sky. But as Travis Elborough argues in his new book, *The Art of Looking Up*, the night sky is a source of wonder, beauty, and inspiration that we should all be reacquainted with.



## **The Art of Looking Up** by Catherine McCormack

★★★★☆ 4.6 out of 5

Language : English

File size : 60823 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 240 pages



Elborough takes readers on a journey through the history of astronomy, from the ancient Greeks to the present day. He explores the science behind the stars, planets, and galaxies, and he shows how the night sky has been a source of inspiration for artists, writers, and musicians throughout history.

But *The Art of Looking Up* is more than just a history of astronomy. It's also a personal memoir, in which Elborough recounts his own experiences of looking up at the night sky. He writes about the time he saw his first

shooting star, the night he spent camping under the stars in the Sahara Desert, and the time he saw the Northern Lights for the first time.

Elborough's writing is both lyrical and informative. He has a gift for making complex scientific concepts accessible to general readers, and he does so with a sense of wonder and awe that is contagious.

*The Art of Looking Up* is a book that will appeal to anyone who has ever looked up at the night sky and wondered about its mysteries. It's a book that will make you appreciate the beauty of the night sky in a whole new way.

### **Praise for *The Art of Looking Up***

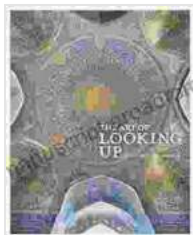
“A lyrical and informative journey through the history of astronomy and the cultural significance of the night sky. Elborough writes with a sense of wonder and awe that is contagious.” — *The New York Times*

“A beautifully written and thought-provoking book that will make you appreciate the beauty of the night sky in a whole new way.” — *The Washington Post*

“A must-read for anyone who has ever looked up at the night sky and wondered about its mysteries.” — *The Wall Street Journal*

### **About the Author**

Travis Elborough is the author of several books, including *The Longbow: A Social and Military History* and *The Bus: A Cultural History*. He is a regular contributor to *The Guardian* and *The Telegraph*, and he has appeared on BBC Radio 4 and the BBC World Service.



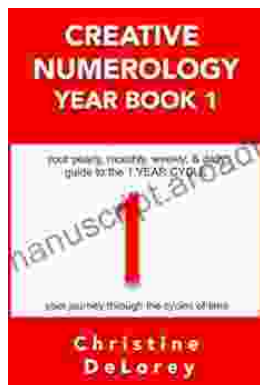
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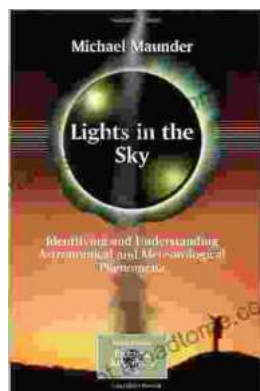
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