

# My Dog Has Died: A Guide to Grieving the Loss of Your Best Friend

Losing a dog is one of the most difficult experiences a person can go through. Dogs are not just pets; they are family members. They give us unconditional love and support, and they make our lives richer and more meaningful.



## My Dog Has Died: What Do I Do?: Making Decisions and Healing The Trauma of Pet Loss (The Pet Bereavement Series Book 2) by Wendy Van de Poll

★★★★☆ 4.8 out of 5

Language : English  
File size : 2629 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 177 pages  
Lending : Enabled



When a dog dies, it is natural to feel a wide range of emotions, including sadness, anger, guilt, and loneliness. It is important to allow yourself to grieve at your own pace and in your own way. There is no right or wrong way to do so.

This book provides compassionate guidance and practical advice for grieving the loss of a beloved pet. It covers topics such as:

- The stages of grief
- Coping with the physical and emotional symptoms of grief
- Finding support from others
- Creating a lasting memorial for your dog

This book is a valuable resource for anyone who has lost a dog. It offers comfort, support, and guidance during a difficult time.

### **Endorsements**

"This book is a lifeline for anyone who has lost a dog. It provides compassionate guidance and practical advice for grieving the loss of a beloved pet." - **Dr. Marty Becker, veterinarian and author of The Healing Power of Pets**

"My Dog Has Died is a must-read for anyone who has experienced the loss of a dog. It is a compassionate and supportive guide that will help you through the grieving process." - **Dr. Jessica Hekman, pet loss counselor and author of Saying Goodbye to Your Pet**

### **About the Author**

**Dr. Jessica Hekman** is a pet loss counselor and author of Saying Goodbye to Your Pet. She has helped thousands of people cope with the loss of a beloved pet. Dr. Hekman is a graduate of the University of Minnesota College of Veterinary Medicine and the University of North Carolina at Chapel Hill School of Social Work.

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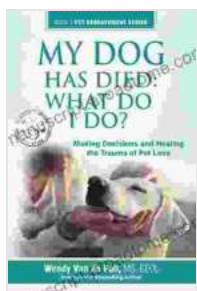
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**\*\*Alt attribute for the image:\*\***

A woman is sitting on a couch with her dog. She is looking down at the dog and smiling. The dog is looking up at her and wagging its tail.

**\*\*Long descriptive keyword for the image:\*\***

A woman and her dog are sitting on a couch. The woman is smiling and looking down at the dog. The dog is looking up at her and wagging its tail.

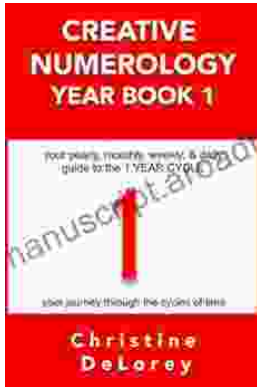


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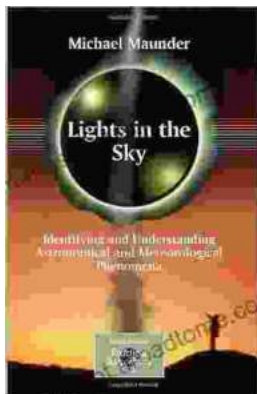
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