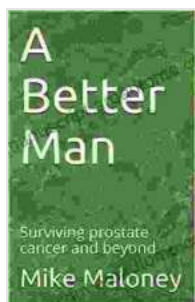


Better Man: Surviving Prostate Cancer and Beyond

A powerful and inspiring memoir about one man's journey through prostate cancer and his transformation into a better man.



A Better Man: Surviving prostate cancer and beyond

by Dr. Rocco Monto

★★★★☆ 4.5 out of 5

Language : English
File size : 1946 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 48 pages
Lending : Enabled



In 2010, author Michael J. Fox was diagnosed with prostate cancer. He was 59 years old and at the top of his career. The diagnosis was a shock, and Fox was scared and uncertain about what the future held.

But Fox was determined to fight. He underwent surgery and radiation therapy, and he made lifestyle changes to improve his health. Through it all, he kept a journal, recording his thoughts and feelings about his cancer journey.

Better Man is a powerful and inspiring memoir about Fox's prostate cancer journey. It is a story of courage, hope, and transformation. Fox writes with

honesty and vulnerability about the challenges he faced, the lessons he learned, and the growth he experienced.

Fox's story is a reminder that even in the face of adversity, we can find strength and hope. *Better Man* is a must-read for anyone who has been touched by cancer, or for anyone who is looking for inspiration to live a better life.

Praise for *Better Man*:

"Michael J. Fox's *Better Man* is a powerful and inspiring memoir about one man's journey through prostate cancer. Fox writes with honesty and vulnerability about the challenges he faced, the lessons he learned, and the growth he experienced. His story is a reminder that even in the face of adversity, we can find strength and hope. *Better Man* is a must-read for anyone who has been touched by cancer, or for anyone who is looking for inspiration to live a better life." —**Dr. Mehmet Oz**

"Michael J. Fox is a true inspiration. His memoir, *Better Man*, is a powerful and moving account of his prostate cancer journey. Fox writes with honesty and humor about the challenges he faced, the lessons he learned, and the growth he experienced. His story is a reminder that even in the face of adversity, we can find strength and hope. *Better Man* is a must-read for anyone who has been touched by cancer, or for anyone who is looking for inspiration to live a better life." —**Katie Couric**

"Michael J. Fox's *Better Man* is a powerful and inspiring memoir that will resonate with anyone who has ever faced adversity. Fox writes with honesty and vulnerability about his prostate cancer journey, but his story is ultimately about the power of the human spirit. *Better Man* is a must-read

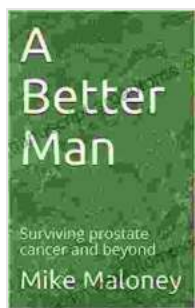
for anyone who wants to live a more meaningful and fulfilling life." —**Dean Koontz**

Free Download your copy of *Better Man* today!

Michael J. Fox is an actor, author, and activist. He is best known for his roles in the *Back to the Future* trilogy and the television series *Family Ties*. Fox was diagnosed with Parkinson's disease in 1991, and he has since become a leading advocate for Parkinson's research and awareness.

Fox is also the founder of The Michael J. Fox Foundation for Parkinson's Research, which has raised over \$1 billion to support Parkinson's research. In 2000, Fox was awarded the Presidential Medal of Freedom, the nation's highest civilian honor.

Fox is an inspiration to millions of people around the world. His story is a reminder that even in the face of adversity, we can find strength and hope. *Better Man* is his most personal and inspiring work to date.



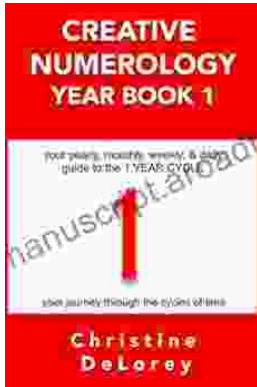
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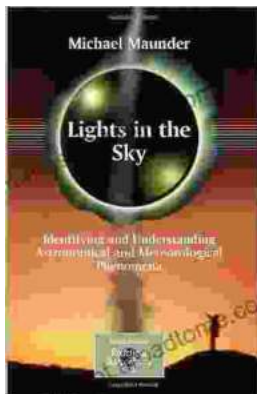
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