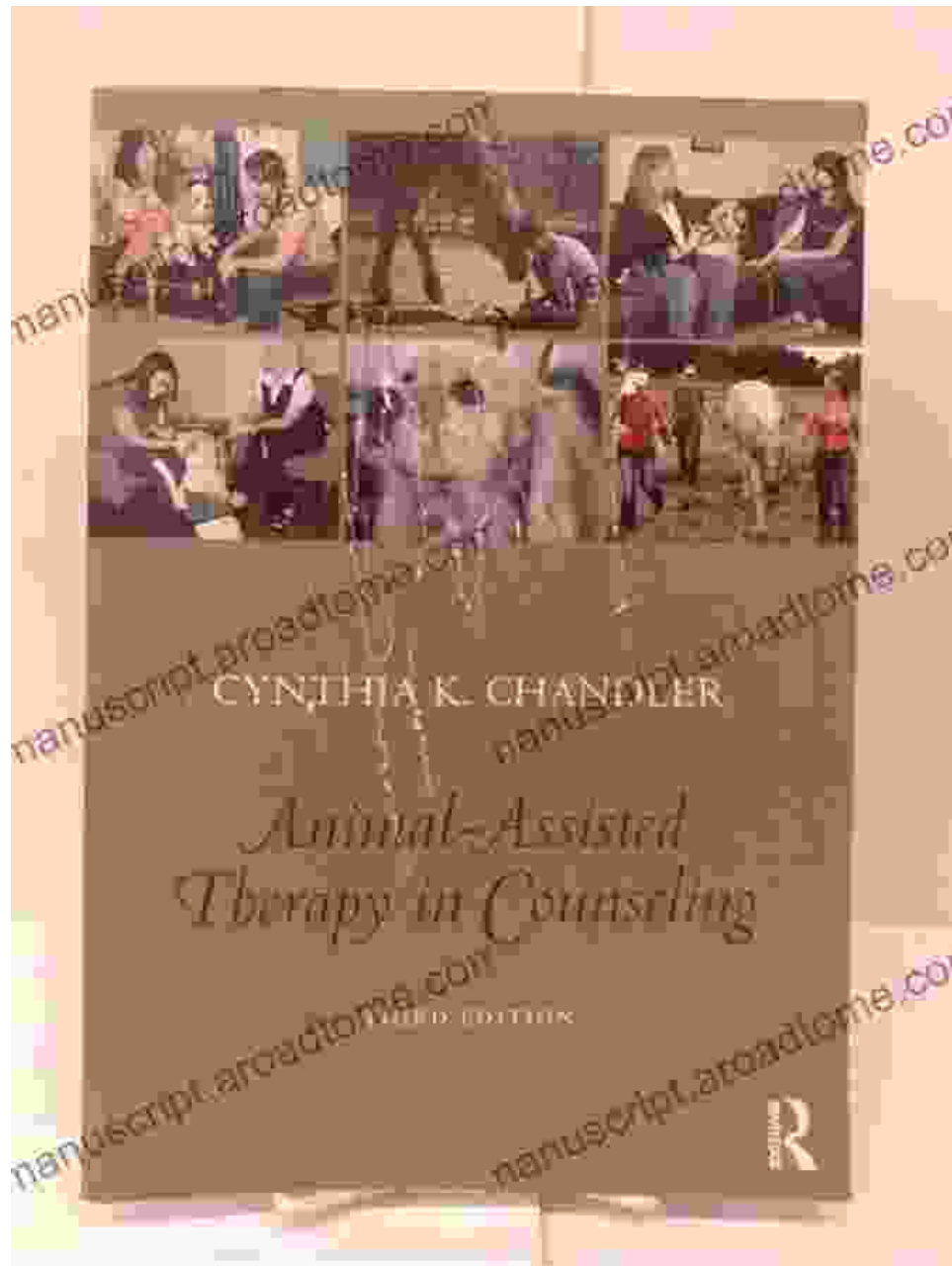


# Animal Assisted Therapy in Counseling: A Window to Healing and Connection



In *Animal Assisted Therapy in Counseling*, renowned therapist Cynthia Chandler invites you to delve into the extraordinary world of animal-assisted therapy. This comprehensive guide unveils the profound impact

that animals can have in the therapeutic process, empowering you with the knowledge and tools to harness their healing abilities.

Through engaging case studies and evidence-based research, Cynthia Chandler illuminates the transformative potential of animal assisted therapy. Discover how animals can:



### **Animal-Assisted Therapy in Counseling** by Cynthia K. Chandler

★★★★☆ 4.9 out of 5

Language : English  
File size : 10086 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 439 pages



- Foster emotional safety and reduce anxiety
- Facilitate communication and self-expression
- Enhance empathy and compassion
- Promote mindfulness and reduce stress
- Improve physical and mental health

Animal Assisted Therapy in Counseling also provides invaluable guidance on the ethical and practical aspects of this therapeutic approach. You'll learn about:

- The different types of animals suitable for therapy

- How to select and train therapy animals
- The ethical guidelines and regulations governing animal assisted therapy
- How to integrate animals into the therapeutic process effectively

Whether you're a seasoned therapist seeking to expand your practice or a layperson curious about the healing power of animals, *Animal Assisted Therapy in Counseling* is an essential resource. This book will inspire you to embrace the transformative power of animals and unlock their potential to promote healing, growth, and well-being.

Cynthia Chandler, M.S., LPC, RPT-S, is a licensed professional counselor and registered play therapist with over 15 years of experience working with children, adolescents, and adults. She is a certified animal assisted therapy specialist and has been integrating animals into her counseling practice for over 10 years. Cynthia is passionate about the healing power of animals and believes that they can be powerful allies in the therapeutic process.

Free Download your copy of *Animal Assisted Therapy in Counseling* today and embark on a transformative journey of healing and connection with the help of animals. Experience the profound impact that these gentle companions can have on your clients and yourself.

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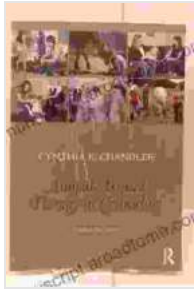
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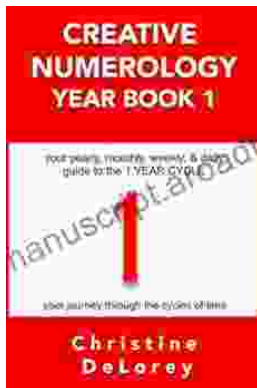
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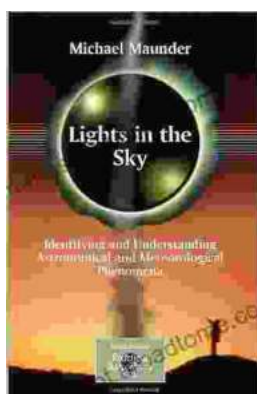


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